Well-Being and Balance

We realize promise by creating the ideal conditions for lasting student success.

Soft Skills are Hard

Train all K-12 educators and advisors

- ☑ Redesigned US advisory program
- Host K-12 Student Life Dean \checkmark training and annual retreat

Provide faculty resources and professional development for student wellness and advisory curriculum

- Partnership with Social Institute \checkmark (grades 5-12)
- $\mathbf{\nabla}$ US online advisory curriculum resources
- $\mathbf{\nabla}$ Additional School Psychologist
- \checkmark Additional School Nurse

Rewrite and reshape our health curriculum

- ☑ Hired Grades 5-12 Health Coordinator
- ☑ Redesign Grades 9-12 health curriculum

Gather all students for shared goals of well-being

- \checkmark Implemented Affinity Group program (Grades 3-12)
- Increased frequency of Community \checkmark Groups meetings (Grades K-12)
- Yearly kickoff with themed speakers

Service Learning/ Learning Service

Develop a skills-based leadership program with a focus on civic engagement

- ☑ Support nonprofits in local community (Glen Cove Senior Center, Grenville Baker Boys & Girls Club)
- $\mathbf{\nabla}$ Work with local officials (Mayor Waylyn Hobbs Jr., Mayor Pamela Panzenbeck)

☑ Integrated into multiple elements of our academic and student life program (i.e., Civil Discourse Club, Spring/Fall Quaker Student Life Program Leadership Training)

Time for Space

Examine and adjust student workload for manageability, purpose, and meaning

☑ Independent School Management (ISM) Scheduling Audit

☑ Implemented new schedule

☑ Create a holistic schedule that sets a balanced pace each day and throughout the year for students and adults

Faculty completed training in:

- \checkmark Global Online Academy (GOA)
- \checkmark Schoology Learning Management System



STRATEGIC OUTCOME Holistic changes strengthen student academic and social success

At the writing of this plan, and even more critical since the pandemic, our students' physical and mental health is our top priority. Toward that goal, we reviewed and revised the K-12 health and advisory curricula, increased our **nursing** and **psychological services staff**, and added **student life deans** in the Lower and Middle School divisions. A new cross-divisional schedule was created and implemented to support all community learning and wellness. The 8-day cycle reduced the hectic pace of the day and opened up more time for all-school gatherings like community groups and peace vigils as well as opportunities for teachers to meet and plan. And for Upper School students, it built in up to two "late start" days per 8-day cycle.







We know that students learn more deeply when they are surrounded by support by empathetic peers, older student mentors, and engaged faculty.